



Structuring a Quality Class Session

Objectives of this Module

- ▶ Discuss series elements and flow
- ▶ Learn about elements of a quality of class session
- ▶ Understand multiple intelligences
- ▶ Demonstrate different educational techniques



Series Elements and Flow

- ▶ **Contact Hours and Duration**
 - Minimum 20 hours
 - Minimum 6 weeks
 - Standard series = 24 hours and 10–12 weeks.
- ▶ **Concepts**
 - Healthy Pregnancy
 - Normal Labor and Birth
 - Variations from Normal Labor and Birth
 - The Postpartum Experience



Constructing a Quality Class Session

- ▶ Environment
 - Clean and comfortable
 - Materials gathered and multimedia prepared
 - Free of distractions
- ▶ Presenting yourself
 - Comfortable but professional dress
 - Good posture and positive positioning
 - Be prepared and confident in the material



Constructing a Quality Class Session

- ▶ Welcome
- ▶ Transitioning Time
- ▶ Introductions and Review
- ▶ Overview
- ▶ Material
- ▶ Closing



Constructing a Quality Class Session

- ▶ Timing
- ▶ Perspective and Tone
- ▶ Questions
- ▶ Note Taking
- ▶ Homework
- ▶ References



Constructing a Quality Class Session

- ▶ Planning
- ▶ Preparing
- ▶ Continuing your learning and improvement



Lunch Break

- ▶ See you back at 1:30!



Multiple Intelligences

- ▶ “Left Brain”
 - Logic and analytical skills
 - Numbers, data points appeal to this hemisphere
- ▶ “Right Brain”
 - Creativity and emotional intelligence
 - Stories, art appeal to this hemisphere



Multiple Intelligences

- ▶ Learning styles
 - Visual
 - Movies, charts, graphs, demonstrations
 - Auditory
 - Stories, directions, lectures, explanations
 - Kinesthetic
 - Manipulatives, role playing
- ▶ As we discuss techniques and show examples, keep these multiple intelligences in mind. To whom might they appeal?



How to Give It So They Get It

- ▶ What did you learn?



Educational Techniques

- ▶ Lecture
- ▶ Guest Speaker
- ▶ Brainstorming
- ▶ Discussion / Q&A
- ▶ Peer instruction
- ▶ Video
- ▶ Demonstration
- ▶ Games and Activities
- ▶ Role Playing



Preparation for Saturday

- ▶ Choose a topic to teach to the class.
- ▶ You will have five to ten minutes. This may be a single concept or a small section.
- ▶ Your fellow educators will offer feedback.
- ▶ Try to use a technique that is outside your own learning/teaching style!

